

Sample Weekly Calendar

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------------------------|----------------------------------------------------|---------------------------------------------|-----------------------------------------------------------|---------------------------------------------------|
| 8:30 - 9:30 Coffee & Conversation | 8:30 - 9:30 Coffee & Conversation | 8:30 - 9:30 Coffee & Conversation | 8:30 - 9:30 Coffee & Conversation | 8:30 - 9:30 Coffee & Conversation |
| 10:00 - 10:30 Exercise W/ Sheri | 10:00 - 10:30 Exercise W/ Michelle | 10:00 - 10:30 Exercise W/ Angie | 10:00 - 10:30 Exercise W/ Michelle | 10:00 - 10:30 Exercise W/ Angie |
| 10:30 - 11:30 The Rhyme Game | 10:30 - 11:30 Therapy Dog Visit – Max | 10:30 - 11:30 Music W/ Joyce | 10:30 - 11:30 Making Homemade Vegetable Soup | 10:30 - 11:30 Wheel of Fortune |
| 11:30 - 2:00 Lunch/Rest | 11:30 - 2:00 Lunch/Rest | 11:30 - 2:00 Lunch/Rest | 11:30 - 2:00 Lunch/Rest | 11:30 - 2:00 Lunch/Rest |
| 2:00 - 3:00 Snack & Socialize | 2:00 - 3:00 Snack & Socialize | 2:00 - 3:00 Snack & Socialize | 2:00 - 3:00 Snack & Socialize | 2:00 - 3:00 Snack & Socialize |
| 3:00 - 4:00 String Craft | 3:00 - 4:00 Spiritual Time W/ Nola | 3:00 - 4:00 Butterfly Craft | 3:00 - 4:00 Planting Seed Trays | 3:00 - 4:00 Making Chocolate Pudding |
| 4:00 - 4:45 Puzzle Time | 4:00 - 4:45 Bingo | 4:00 - 4:45 Magazine Time | 4:00 - 4:45 Art Sheets | 4:00 - 4:45 Spring Matching Game |